



**410 N ST.
ROCK SPRINGS
352-1420
WWW.RSWY.NET**

Hours of Operation:

Monday - Thursday 6 am - 9 pm
Friday 6 am - 6 pm
Saturday & Sunday 10 am - 5 pm

"The Rock"

Indoor Climbing Wall



Hours:

Monday - Thursday

4:30 - 8:45 pm

Friday

1 pm - 5:45 pm

Saturday & Sunday

11 am - 4:45 pm

Rental Fees:

Shoes \$2

Harness \$2

Chalk Bag \$1

Where to find us:

rswy.net

Facebook

@RSCivicCenter

**Our Wifi connection is
Guest; the password is
rocksprings**

**Check us out on
Facebook or the City of
Rock Springs website for
more information on
activities, outdoor pools,
fitness classes, and more.
Our 2023 Fall Activity
Guide is online, with
more
information
on all of Parks
& Recreation.**



Civic Center Buzz

**HEALTH IS THE VITAL PRINCIPLE OF
BLISS, AND EXERCISE, OF HEALTH.**
James Thompson

Snowy Shenanigans

The Rock Springs Civic Center offers year-round recreational opportunities for the citizens of our community. Whether it's through our programming, fitness classes, or swimming lessons, patrons of all ages find activities to suit their needs.

Time	Fitness Class	Day
6:05 - 6:50 am	HIIT Rowing	Monday & Friday
6:05 - 6:50 am	Cycling	Tuesday & Thursday
6:15 - 7:00 am	Foam Rolling	Wednesday
8:30 - 9:10 am	BOOM™ Muscle	Tuesday & Thursday
9:00 - 10:15 am	SilverSneakers®	Monday, Wednesday & Friday
9:00 - 10:00 am	Water Exercise	Monday - Friday
9:15 - 10:15 am	Qi Gong	Tuesday
9:15 - 10:15 am	Sr. Yoga	Thursday
10:15 - 11:00 am	SilverSneakers® Stability	Tuesday & Thursday
12 - 12:45 pm	Movin' w/ the Munchkins	Wednesday
12 - 12:45 pm	Munchkins BOUNCE!	Friday
5:15 - 6 pm	Rowbing	Monday
6:45 - 7:45 pm	Water Exercise	Tuesday & Thursday



Upcoming Events & Activities:

The **2024 Winter-Spring Activity Guide** is online now. It's jam-packed with everything going on within Civic Center Programs, and Parks & Recreation as a whole department.

Birthday Parties

Always a popular choice, please call us at least 14 days in advance to book your child's party (Inflatable Party fee \$150 for 2 hours, room rental options are also available).

Children's Easter Egg Hunt

Bring your 1 - 10 year old child to Bunning Park on March 30th for our annual Easter Egg Hunt. Participation is free, and the Easter Bunny will be on hand for all the fun.

8 - 10 year old kids 10 am
5 - 7 year old kids 11 am
1 - 4 year old kids 12 pm

Pool Schedule

Lap/Open Swim

Daily

(during lessons)

6 - 9 am (M - F)

10 am - 1:30 pm (M & W)

6:30 - 8:30 pm (M & W)

11 am - 1:30 pm (T & TH)

7:45 - 8:30 pm (T & TH)

10 am - 5:30 pm (F)

Saturday & Sunday

10 am - 4:30 pm

Registration Week

Monday - Thursday

6 - 9 am

10 am - 1:30 pm

4:30 - 8:30 pm (M & W)

4:30 - 6:45 pm (T & TH)

7:45 - 8:30 pm (T & TH)

Friday

6 - 9 am

10 am - 5:30 pm

Saturday & Sunday

10 am - 4:30 pm

Water Exercise

9 - 10 am (M - F)

6:45 - 7:45 pm (T & TH)

Pool closes 1:30 - 4:30 pm

Monday - Thursday.

Wibit Plunge!

Thursday

6:30 - 8:30 pm

April 18

5:30 - 6:30 pm

May 16

Friday

12 - 5 pm

April 19

May 17

Always check the website or Facebook for changes, closures, and more.

Fees:

Daily Admission:

Student \$4

Adult \$7

Senior (62-74) \$2.50

Pioneer (75-79) \$1.25

Pioneer (80+) FREE

Active Duty

Military (with ID) FREE

Punch Passes:

50 punch \$150

10 punch

Student \$40

Adult \$70

Senior \$25

Pioneer \$12.50

Memberships:

Monthly 6-Month Yearly

Student \$27 \$145 \$265

Adult \$54 \$265 \$480

Couples \$72 \$385 \$630

Family \$90 \$450 \$780

Senior (62-74) \$16 \$75 \$135

Sr. Family (62-74) \$24 \$120 \$220

Pioneer (75-79) \$8 \$36 \$65

Pioneer Fam. (75-79) \$12 \$60 \$110

Pioneer (80+) FREE FREE FREE

Lockers:

6-Month Yearly

Half \$35 \$50

Full \$80 \$140

Premium \$150 (Yearly only)

Swimming Lessons Schedule

Registration Dates:

March 25 - March 31

April 22 - April 28

May 28 - June 2

July 1 - July 7

July 29 - August 4

Lessons:

April 1 - April 18

April 29 - May 16

June 3 - June 20

July 8 - July 25

August 5 - August 22

Days & Times:

	Mon - Thurs	Tues & Thurs
Levels 1 - 3	4:45 - 5:30 pm	
Levels 4 - 6	5:45 - 6:30 pm	
Preschool Aquatics		10 - 10:30 am 4 - 4:30 pm 5:30 - 6 pm
Parent & Child Aquatics		10:30 - 11 am 6 - 6:30 pm