

# City of Rock Springs Civic Center Programs

## Youth Developmental Flag Football

### 1st – 3rd Grade

#### **Coaching:**

We will help coaches with practice plans and fundamentals of coaching, so that both the children and the coach have a good experience.

#### **Teams:**

Teams of 7 – 8 players will be formed after the registration is closed.

We will have a finalized schedule and rosters posted **August 18th. All updates will be posted on our Facebook page (Rock Springs Civic Center) and our website (rswy.net).**

#### **Program Timeline:**

**Games will be on the same day as practices. Practice will be 6:00pm – 6:30pm and the games will be 6:30pm – 7:00pm.**

**August 22nd** All players and coaches will come to the Wataha Softball fields at a scheduled time, please check our Facebook page and website for your first session. A coaches' meeting will be held 10 minutes prior to the first practice.

**Aug. 24<sup>th</sup>** Scheduled Practice and Game time.

**Aug. 29<sup>th</sup>** Scheduled Practice and Game time.

**Aug. 31<sup>st</sup>** Scheduled Practice and Game time.

**Sept. 5<sup>th</sup>** Scheduled Practice and Game time.

**Sept. 7<sup>th</sup>** Scheduled Practice and Game time.

**Sept. 12<sup>th</sup>** Scheduled Practice and Game time.

**Sept. 14<sup>th</sup>** Scheduled Practice and Game time.

**Sept. 19<sup>th</sup>** Scheduled Practice and Game time.

**Sept. 21<sup>st</sup>** **Make-up games, if needed**