

2019 Civic Center Ironman Triathlon

- . Register at the RS Civic Center: 12/3/2018 - 1/4/2019
- . Competition dates: January 5 - January 26, 2019
- . 22 Days to complete the distances of an Ironman
- . 2.4 mile swim / 112 mile bike / 26.2 miles run
- . Fee: \$ 25.00 to compete
- . For more info 307-352-1422
- . Sweatshirts for winners
- . T-shirts for finishers



ROCK SPRINGS
CIVIC CENTER IRONMAN

Register **NOW!**

3 WEEKS 140.6 MILES 2.4 SWIM 112 BIKE 26.2 RUN