

# **ROCK SPRINGS GIRLS BASKETBALL BYLAWS**

## **Article 1 – Equipment and Facilities**

**Section 1**-the game ball and scorebook will be furnished by the league for all games.

**Section 2**- The playing area, during the regular season, will be at Eastside Elementary.

**Section 3**- Each coach will be given 3 balls, 1 clipboard, and 1 bag at the start of the season. All equipment needs to be turned in after the tournament, to one of the board members. If equipment is not returned a fee of \$50 will be issued to the coach and they will not be allowed to coach until all equipment is turned in.

## **Article 2 – OFFICIALS**

**Section 1** – There shall be at least one adult official assigned with one high school student or two adults officiating each game for 5<sup>th</sup> and 6<sup>th</sup> grade. One adult for each 3<sup>rd</sup> and 4<sup>th</sup> grade game.

**Section 2** – The referees shall be in complete charge at all times. For disputes, which are not covered by league rules, but require immediate attention, board members who are present shall make rulings.

**Section 3** –If needed the referee can give one verbal warning, after that they can expel coaches, assistant coaches, or parents from the gym. THIS WILL BE ENFORCED.

**Section 4** – There shall be no disputing the official's decisions.

**Section 5** – If a coach has to referee, he/she cannot referee his or her own game.

## **Article 3 – players, substitutes and coaches**

**Section 1** – No coach may add any players to their roster. Registrar will add girls in order of draft.

**Section 2** – Players will be girls attending schools within Sweetwater county School District #1 and /or Sweetwater County (See article 8 section 1).

**Section 3** – Only Coaches and players are allowed to sit on the bench during the game.

**Section 4** – All Changes have to be recorded and approved by the Board of Directors.

**Section 5** – No team will be allowed to play without a coach present at the time of tip off.

**Section 6** – Whenever a coach is not present the game will be recorded as a forfeit.

**Section 7** – Five players must be present to start a game or the game will be recorded as a forfeit.

**Section 8** – After two such forfeitures the team will be automatically dropped from the league.

**Section 9** – League and Tournament: All team members must play two full quarters per game. If a team member is found not to have played at least 2 full quarters it will be counted as Forfeiture for the said team. **THIS WILL BE STRICTLY ENFORCED!!!** Unless board approval on exceptions i.e. Missed practices, illness. Again Board must approve.

**Section 10** – If an injury or illness prevents a player from playing 2 full quarters: referee and board Members present shall determine if the above rule shall be waived.

#### **Article 4 – Uniforms**

**Section 1** – All **shirts** will be furnished by the League(**sleeves may NOT be cut**)

**Section 2** – All Players will be required to have uniforms. Consisting of the following:

1. Shirt – provided by league.
2. Black athletic shorts – provided by player (shorts must be finger tip length) absolutely no cut offs or spandex.
3. Non-marking tennis shoes.

**Section 3** – No one will be allowed to play without their uniform.

**Section 4** – The color of each team’s uniform has been determined by the league and shall **not** be changed.

**Section 5** – All Jewelry should be removed before each game. Referees will check – ear rings, necklaces and bracelets.

#### **Article 5 – Scoring and time regulations**

**Section 1** – All rules of basketball shall be used with exceptions listed in this document.

**Section 2** – All games will be played in four (4) quarters of eight (8) minutes each. There shall be 1 (one) minute between quarters and 5 (five) minute half time.

**Section 3** – Each team shall be allowed four (4) time outs for each game. They may be used at any time during the game (not a certain number per half) and an additional timeout for each over time period. A technical foul shall be assessed when a team tries to exceed its allotted number of timeouts.

**Section 4** - The Clock shall be stopped only for Officials timeout (3<sup>rd</sup> and 4<sup>th</sup> grade only for the Officials timeout), shooting fouls, injuries and time outs.

**Section 5** - If the difference in the score is five (5) points or less, the clock shall be stopped on every dead ball during the last (2) minutes of the second half and in over times, when this condition exists (**Tournament Only**)

**Section 6** – Intermission between quarters shall be one (1) minute long, with five (5) minutes during halftime.

**Section 7** – Extra periods shall be played until one team is ahead at the end of regulation time (**5<sup>th</sup> and 6<sup>th</sup> grade only**). **1 Extra period only for 3<sup>rd</sup> and 4<sup>th</sup> grade**).

**Section 8** – All extra periods shall be two (2) minutes long.

**Section 9** – There shall be NO sudden death for extra periods.

## **Article 6 - Play Regulation**

**Section 1** - Play for the league is a man on man with a switcher defense. The "zone defense" shall not be used by any team. Exceptions to this rule are to prevent its abuse for the good of the game and the well being of their players. These exceptions are also for the purpose of clarifying the rule for players, coaches, officials and referees.

### **EXCEPTIONS:**

- 1. (5<sup>TH</sup> & 6<sup>TH</sup>) A DEFENSIVE PLAYER MAY NOT PICK UP THEIR "MAN" UNTIL THEY CROSS THE HALF COURT LINE. WHEN THE DEFENSIVE PLAYER IS ON HER "MAN" THEY MUST BE WITHIN 6 FEET OF THEM. (THERE WILL BE NO DOUBLE TEAMING)** A full court press will be allowed ONLY by 5<sup>th</sup> and 6<sup>th</sup> graders (4<sup>th</sup> quarter only) and only when within 10 points of each team, when a team is ahead by more than 10 points it will NOT be allowed. THE TEAM THAT IS BEHIND WILL STILL BE ALLOWED TO PRESS.
- 2. (3<sup>rd</sup> & 4<sup>th</sup>) A DEFENSIVE PLAYER MAY NOT PICK UP THEIR "MAN" UNTIL THEY CROSS THE THREE POINT LINE. WHEN THE DEFENSIVE PLAYER IS ON HER "MAN" THEY MUST BE WITHIN 6 FEET OF THEM. (THERE WILL BE NO DOUBLE TEAMING).**
- 3. (ALL GRADES) ANY PLAYER MAY GUARD ANY PERSON WHILE INSIDE THE KEY.**
- 4. A zone press is NOT permitted at any time back or frontcourt.**
- 5. When a player fouls out, her coach has one minute to provide a substitute for that player.**

## **Article 7 - Schedule and time of Games**

**Section 1** - All games will be played on Weekdays, with the intention of ending league play by 9:15 p.m.

**Section 2** - It is the responsibility of each coach to have his/her line up in the book ten (10) minutes before the start of the game. Providing scorekeepers with first names and the number of the player.

**Section 3** - There will be 1-2 mandatory practices a week for each team.

**Section 4** - Organized practices during the tournament will be allowed.

**Section 5** - Girls who miss practice for any reason must still play one (1) continuous quarter. Chronic absenteeism may be grounds for a coach to ask the board to remove the player from the league.

## **Article 8 – Protest**

**Section 1** – All protests shall be in writing and addressed to the League Board.

**Section 2** – No protest will be recognized unless it is according to Section 1 and signed by the coach(es).

**Section 3** – The League Board will act upon all protests.

**Section 4** – The decision handed down by the League Board shall be final.

**Section 5** – All protests shall be submitted within 48 hours of the dispute.

## **Article 9 – Eligibility**

**Section 1** – Any girl in 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade living within the boundaries Of School District #1 is eligible to participate in RSGBB. Any girl residing in Sweetwater County may be eligible on a case-by-case basis reviewed by the League Board.

## **Article 10 – Rule Changes and meetings**

**Section 1** – If a Head Coach or Board Member desires to have a rule change, the request must be presented in writing to a joint meeting of the Head Coaches and the Board of Directors. The rule change will only be made with a majority vote of the Head Coaches and the Board. Absentee voting on a rule change will only be allowed by Written Request to the President at the time of the meeting.

**Section 2** - A special meeting may be called by the President or requested by any Head Coach provided ample notice is given.

**Section 3** – Each team shall receive **one** vote.

**Section 4** – Except for emergencies, all meetings (formal or informal) with coaches shall occur at a time and place convenient to all concerned but not within 30 minutes preceding a game in which they are involved.

## **Article 11 – Conduct of Players, Coaches, Assistant Coaches, Officials and Parents**

**Section 1** – All coaches, Assistant coaches, parents, players, board members and officials shall conduct themselves as Ladies and Gentlemen at all times.

**Section 2** – Any coach, assistant coach, parent, or player displaying unsportsmanlike conduct shall be reprimanded at the discretion of the League board or the Officials. (Officials have to give one warning. After one warning they can request the offender leave the gym.)

**Section 3** – Respect for School District #1 property is a must. There will be NO smoking in any of the buildings. No horseplay allowed in the hallways. All participants need to remain in the gyms including fans. Only park in designated parking areas. Coaches are responsible to see that the team members, parents and siblings follow these rules or the use of School District Number One facilities will be suspended. No playing or walking on the gym floors during half – time.

**Section 4** – Coaches will help monitor the hallways and parking lots at each facility the League is using on a Schedule set by the Board. (If need be).

**Section 5** – During practices and games, no abusive language or alcohol in any form is permitted.

**Section 6-** Players and coaches participating in the last game of the night MUST pick up trash from the bleachers and the gym.

**Section 7 – POOR BEHAVIOR BY ANY ONE**

1<sup>st</sup> offense of this kind will be a warning.

2<sup>nd</sup> offense – the offending person (coach, assistant Coach, player, fan, etc.) Will be asked to leave the gym.

3<sup>rd</sup> offense – will mean expulsion for the remainder of the season.

**Article 12 –Fees**

Section 1 – Fees charged to participate in RSGB shall be set each year by the board of Directors.

Section 2 – There may be a fundraiser each season, which will be decided by the board members.

Section 3 – Any unsold items will be the responsibility of the coach

**Article 13 – Draft**

Section 1 – How the draft is done will be decided on by the Board Members at the beginning of each season during registration.

HEAD COACH SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

ASSISTANT COACH SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

ASSISTANT COACH SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_