

PUBLIC HEALTH ADVISORY

PLEASE READ BEFORE ENTERING CITY FACILITIES

Due to the Novel Coronavirus Pandemic, the City of Rock Springs is taking prudent measures to insure the health and safety of its citizens and City employees.

The City of Rock Springs recommends avoiding all public places including this building if you feel sick in any way. If you or your accompanying children are not feeling well and you are scheduled for an appearance in Municipal Court, you may contact the Court at (307) 352-1550 to reschedule your appearance. If you have an appointment with any other person or department in City Hall, you may call (307) 352-1500 and you will be directed to the appropriate office to reschedule your appointment.

Take these steps to protect yourself

Clean your hands often



- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol.** Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Avoid close contact



- **Avoid close contact** with people who are sick
- Put **distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

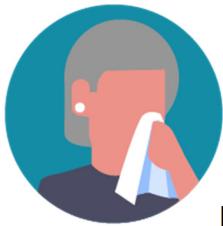
Take steps to protect others.

Stay home if you are sick



- **Stay home** if you are sick, except to get medical care. Learn what to do if you are sick.

Cover coughs and sneezes



- **Cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Wear a facemask if you are sick



- **If you are sick:** You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room.
- **If you are NOT sick:** You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks may be in short supply and they should be saved for caregivers.

Clean and disinfect



- **Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.